



How to Get Your Kids Excited About Critical Thinking



Foreword - Teens and young adults can be a hard age to approach with new things. It's common knowledge that some teens and young adults go through rebellious phases, not to mention the fact that they want to figure things out on their own. A lot of the time if you tell them WHAT to think, they will roll their eyes, and walk away. I know this too well, because I did it whenever my parents told me what to think when I was younger.

Instead, if you give them the tools about HOW to think, they will be less resistant to use them for themselves. That's the core idea behind After School Talks... I wanted to create a short, monthly training that assists parents in teaching their children about critical thinking skills. I do not want to influence WHAT they think, but rather help teach them HOW to think. This document is VERY important to read regardless of whether you decide to join my program or not. In it, I have laid out 4 steps that I think could greatly boost the results in educating your children.

And before you read this document, please keep these two things in mind. First off, I do not want to tell you how to raise your kids. I know that you know what is best for them, I created this because I wanted to give you some insight on what I learned as youth who saw this brainwashing firsthand. Second off, while the point of this document is how to approach your children about critical thinking skills, I want to say a word of caution. I think the biggest goal is to be genuine with them, have real conversations, and not try to use any manipulative tactics against them, this will only push them away further.

Let's Begin!

one

First, you need to find an ally. You should find someone that the (grand)children in your life can look up to. Growing up, my role models were people like Kurt Cobain, and Lil Peep, both of them were famous musicians who glorified sadness/depression and ended up passing away in their 20s due to suicide and drug overdose. In retrospect, I now realize that these were not people that I should have idolized.

With social media, and applications like YouTube, many teens/young adults can idolize negative role models and fall into bad habits. These role models can have a big impact on the youth, and how they think.

Instead of telling your (grand)children who they can watch or follow, I would recommend that you immerse yourself in some younger content creators in order to see which ones you'd like your children to watch. Then, once you have found them. Try naturally sharing them with your children and having discussions about it.

One of my goals for creating After School Talks was to become a role model for the youth/ally for parents. I would love to see more relatable young adults talking about freedom, good morals, and emotional discipline.

two

Second, I have already mentioned this before, but I would recommend caution in HOW you approach educating your (grand)children. If you approach them wrong, they may immediately put up their "defensive shields". And to no fault of their own. Modern schools, social media platforms, and influencers push radical agendas that have deeply brainwashed our youth.

They have become very sensitive to certain topics, and believe that older generations were taught racist, and sexist ideals. Look no further than Critical Race Theory.

three

Have a monthly set meeting time. Growing up, my father and I would spend a few hours every Sunday discussing life on a high level. He is one of the main reasons I was able to break out of the brainwashing that is going on. Those conversations about critical thinking and emotional discipline helped “train” me for the real world.

I recommend that you find a set time every month, or maybe every week where you have meetings with the youth in your life. It can be very lighthearted, maybe go for a walk, get food, or just find a nice place to sit down. You could have a specific agenda based discussion, or you could leave it freeform.

I know it doesn't sound to groundbreaking to say “talk with your kids”, but the main point I am making is, set up a routine. Something that is not just a random meeting. But something with a little more thought and planning. I look back to my childhood and those are some of the most important memories for me.

I wanted to create After School Talks as a tool to assist in these meetings. Each month, I release a professional filmed/edited video that is about 15 minutes long. I didn't want to give too much to the point that the information get's lost, but rather short powerful videos that can serve as a talking point for you and the youth in your life.

I would recommend watching the video that comes out each month (you can even watch it before the meeting alone to prepare a bit for it) and then discussing it after it's done.

Each video also comes with an Activity Sheet that is designed to enhance the video and the discussion.

four

This final step is optional, and it is for the “more resistant” teen or young adult in your life. If your teen/young adult is shutting you out and will not meet with you. I would suggest creating a “promise” for them. For example, “Let's meet once a month to talk about life, and after a year I will get you X.”

If they agree, you might be able to build back a stronger connection and get rid of that “resistance”.

They may still turn this down, and at that point I would say it is up to you to decide the next step.



Final Notes:

Once again, I want to re-iterate. These are suggestions on what I think teens/young adults need in order to grow into critical thinkers/emotionally disciplined adults. We all know that it won't happen in their schools. At the end of the day, you know what is best for your kids, and that is what is most important.

That is a core reason that I created After School Talks. I wanted to create a system that reinforced parents in teaching their kids. I was VERY careful not to put my personal bias into my work, because I think teachers at schools and institutions should not try to influence their students beliefs (Especially when their students are youth... which apparently is a radical opinion now).

I want to be an ally for parents and a role model for our future generations. If you like this document, and are not already a member of After School Talks, I would ask you to consider joining. You can even get the first month free to see if you like it or not.

I offer a 30-day money-back guarantee, because my main goal is to create a program **that actually helps people**. If you feel like it isn't helping, then I would be glad to refund you in that period.

Thank you for taking the time to look over this document.

Best of luck!